



## SANTÉ • NOVA • HEALTH

**Palliative and Oncology Care  
Adult and Children Bereavement  
Home Support Services  
Adult Day Centers**

Services provided by a team of registered nurses,  
health aides, program coordinators  
and volunteers

## NOVA West Island

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[www.facebook.com/NovaWestIsland](https://www.facebook.com/NovaWestIsland)

NOVA West Island provides client and family centered care throughout the organization and we strive for respectful, compassionate and culturally competent services.

### **VOLUNTEERS**

Even though NOVA West Island counts on the support of more than 240 volunteers who are at the heart of the organization, we are constantly recruiting and looking for individuals who might be interested in volunteering as drivers, home visitors or in our adult day centers.

### **PALLIATIVE AND ONCOLOGY CARE**

Specialized care and support to persons living with cancer or ALS.

Home nursing visits are arranged in collaboration with patients and families to allow for assessments, teaching, symptom management and active listening.

The NOVA team helps by providing support and comfort to both the patient and the family during this difficult time. This enables the patient to remain at home in familiar surroundings for as long as is possible or desired.

### **ADULT BEREAVEMENT**

Three 8-week group sessions for bereaved adults are offered throughout the year by a trained counselor. Participants discuss the grieving process, physical manifestations and feelings associated with grief while interacting with people who truly understand their challenges.

### **CHILDREN BEREAVEMENT “CAROUSEL”**

This program, offered by a skilled counselor, offers a “circle of support” to children and youth who are in the midst of coping with loss and change. Adult bereavement support is also offered for widows and motherless daughters.

### **HOME SUPPORT SERVICES**

Caring for a loved one at home can be emotionally and physically exhausting. A Home Health Aide can help an individual and family manage a little more easily by assisting with personal care and giving caregivers some quiet time to run errands or get some rest.

### **ADULT DAY CENTERS**

An opportunity for frail, elderly, disabled and cognitively impaired adults to socialize and be stimulated in a safe, friendly, “club-like” environment while the caregivers enjoy some well-deserved respite time.

***NOVA West Island is a charitable  
healthcare organization. To continue  
supporting the West Island  
population, we rely on your  
generous contributions.***

*Registered Charity #131294191 RR0001*