
Because high-quality health care is important to us**SENIORS WALK BENEFITTING
NOVA WEST ISLAND**

Montreal, Québec, May 4, 2021 — With a view to taking its vision of *Making People's Lives BETTER* ever further, [Chartwell Retirement Residences](#) is partnering with NOVA West Island for a fundraising event. From May 24 to June 24, 2021, residents of *Chartwell Le Wellesley* and *Chartwell Manoir Kirkland* will join one another, and members of the surrounding community, for a walk-a-thon.*

The mission of [NOVA West Island](#), the partner chosen for this charity event, is to meet the health needs of the communities in the area by turning donations into care and professional support for sick and vulnerable people in the West Island. About 83% of the funds collected are put back into the community. By doing this, NOVA West Island is helping meet the needs that the public health system cannot, particularly by visiting people living with cancer or ALS, and those in palliative care. The organization also provides home support.

As they take part in an event that gives back to the community, Chartwell residents will also be boosting their own physical and mental health by moving their bodies for a good cause. "At Chartwell, health and wellness activities are at the core of residence life. Doing all that while contributing to community wellness at the same time made perfect sense," says Viviane Meslage, who spearheaded the project at Chartwell Le Wellesley. "We are very proud to see our residents joining forces to show their support for people in need of better access to services," she added.

Details

Anyone aged 55 and up can sign up for the walk-a-thon at one of the Chartwell residences involved. A donation of \$20 per person is requested as a registration fee. Participants will receive an information package about the fundraiser and establish their own goals, which they will have one month—the duration of the event—to reach.

*The walks will take place on an individual basis, in accordance with all public health and safety requirements regarding the current pandemic.

About Chartwell Retirement Residences

Chartwell Retirement Residences is the largest owner and operator of seniors housing communities across the country, from independent supportive living through assisted living to long-term care. It is one of the largest participants in the seniors housing business in North America. Chartwell is committed to its mission to Make People's Lives BETTER and provide a happier, healthier and more fulfilling life experience to seniors. www.chartwell.com.

Learn more about events at Chartwell residences on Facebook [@chartwellretirement](#). 

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Information or interview requests

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Information on NOVA West Island

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