

## **ALS Care**

These are some specific areas where NOVA can assist and support persons who are living with ALS: Amyotrophic Lateral Sclerosis (Lou Gehrig's disease).



## NOVA will offer you:

- Ongoing, experienced nursing assessments
- Referral and liaison with various partners in care, CLSC, hospitals and other community resources
- Empowerment and help in navigating the healthcare system
- End of life nursing care and support
- Home Support Services with a Home Health Aide to help you manage more easily by assisting with personal care to give caregivers some quiet time to run errands, engage in leisure activities, or get some rest
- Volunteer home visits for companionship (not hands-on care)
- Support to children and youth in the midst of coping with loss and change
- Adult and children bereavement support
- Monthly caregiver support group facilitated by NOVA nurses who are experienced in care of ALS clients. Supported by the ALS Society of Quebec in collaboration with the Tony Proudfoot Fund through slaquebec.ca

## How can you involve NOVA in your care?

- Speak with your ALS team, either CLSC or hospital, requesting they make a referral to NOVA
- NOVA will contact you to arrange a home visit by an experienced nurse

NOVA West Island is a charitable healthcare organization. We rely on your contributions to continue supporting the West Island population including Ile Perrot.

Registered Charity #131294191 RR0001

## Nova West Island

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